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WEEK THREE

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Butcher's beefburger in a bun with beans, wedges and crudités  	Chicken korma and rice with naan bread and sweetcorn  	Roast pork, roast potatoes with carrots, green beans, stuffing and apple sauce   	Shepherd's pie with broccoli 	Fish fingers, chips and peas  
Vegetarian	Vegetarian burger in a bun with beans, wedges and crudités   	Vegetarian korma and rice with naan bread and sweetcorn   	Quorn fillet, roast potatoes with carrots, green beans, stuffing and apple sauce    	Quorn mince, with mashed potatoes and broccoli    	Cheese and vegetable bake with chips   
Extra Choice	Homemade tomato soup with tuna sandwich    	Macaroni cheese   	Chicken and sweetcorn pasta   	Tomato and mascarpone pasta bake   	Pasta Bolognese  
Dessert	Semolina 	Flapjack  	Lemon drizzle cake    	Jelly and cream 	Pudding of the week 



Homemade Dish



Gluten



Celery



Nuts



Mustard



Fish



Soya



Sesame



Peanuts



Sulphur Dioxide



Crustaceans



Eggs



Molluscs



Milk



Lupin

● All our food is freshly cooked on site. ● We use local suppliers for meat, fruit and vegetables.
 Yoghurt and fruit are available daily for dessert. ● Menu subject to change at short notice
 depending on stock availability. ● Bread will be available daily.



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Swansfield Park
Primary School