

Dear Parents / Carers,

Building on the success and enjoyment of last year's Year 4 residential, I am writing to inform you that we have organised an exciting, adventure-based trip for your child next year. Once again, we will be staying at Ford Castle.

This unique residential experience is booked for Wednesday 4th to Friday 6th June 2025.

Children will follow an action-packed programme of adventurous activities each day, including activities like a zip-line, archery, den building and fencing.

Making their time away even more memorable, children will sleep in a genuine medieval castle. The inside of the castle has recently been refurbished and the children's rooms are comfortable with new carpets and new bunk-beds. Children will share a dormitory with some of their friends and bathroom facilities are either en-suite or very close by. There is also a shop on site for children to buy a memento to remember their first school residential trip.

Children will be well fed with a wide range of delicious food throughout their stay. The menu from last year is below as an example, but please note that it may change for 2025. All allergies and dietary requirements are catered for and the staff are very accommodating.

## BREAKFAST

THURSDAY	FRIDAY
Baked Beans (ve) (51kcal)	Baked Beans (ve) (51kcal)
Hash Browns (ve) (174kcal)	Hash Browns (ve) (174kcal)
Fresh Mushrooms (ve) (55kcal)	Fresh Mushrooms (ve) (55kcal)
Bacon (82kcal)	Bacon (82kcal)
or Quorn™ Vegan	or Quorn™ Vegan
Cumberland (ve) (214kcal)	Cumberland (ve) (214kcal)

**Available every day:** porridge, cereal, yoghurt, toast and spreads (jam etc.)

## LUNCH

WEDNESDAY	THURSDAY	FRIDAY
<b>Battered Chicken Chunks</b> (207kcal)	<b>Homemade Beef Bolognese</b> (453kcal)	<b>Battered Fish</b> (214kcal)
<b>Vegetable Nuggets (ve)</b> (293kcal)	<b>Homemade Vegetable Ratatouille (ve)</b> (105kcal)	<b>Jumbo Sausage</b> (603kcal)
Served with: <b>Potato Wedges (ve)</b> (256kcal), <b>Garden Peas (ve)</b> (77kcal), <b>Sweetcorn (ve)</b> (55kcal), <b>Sweet Chilli Sauce (ve)</b> (77kcal)	Served with: <b>Penne Pasta (ve)</b> (308kcal), <b>Garlic Bread (v)</b> (162kcal), <b>Grated mild cheddar (v)</b> (245kcal)	<b>Quorn™ Fishless Fingers (ve)</b> (172cal)
		Served with: <b>Skinny Fries (ve)</b> (354kcal), <b>Garden Peas (ve)</b> (77kcal)

**Nothing you fancy?** Sandwiches (ham, tuna, cheese or chicken) and homemade soup (ve) with a bread roll are available each day.

## DINNER

WEDNESDAY	THURSDAY
<b>Chicken Curry</b> (434kcal)	<b>PGL's Sausage Pasta Bake</b> (499kcal)
<b>Baked Cheesy Meatballs</b> (354kcal)	<b>Chicken Kiev**</b> (275kcal)
<b>Vegetable Curry (ve)</b> (329kcal)	<b>Homemade Sausage &amp; Bean Casserole (ve)</b> (341kcal)
Sides: <b>Rice (ve)</b> (243kcal), <b>Penne Pasta (ve)</b> (308kcal), <b>Mixed Vegetables (ve)</b> (45kcal)	Sides: <b>Mashed Potato (v)</b> (274kcal), <b>Fresh Broccoli (ve)</b> (43kcal), <b>Baby Carrots (ve)</b> (28kcal)
<b>Jam Doughnuts (v)</b> (228kcal)	<b>Homebaked Chocolate Sponge (v) &amp; Chocolate Custard (v)</b> (204kcal)

**Nothing you fancy?** Penne pasta (ve) with tomato sauce (ve) and grated cheese is available each day.

The total cost of the trip is £270. This includes full board, accommodation, travel, equipment, and instruction. Payment can be made in full or can be spread over the next few months as follows:

- Initial deposit £20 due by Friday 20th September 2024
- £50 due by Friday 28th October 2024
- £50 due by Friday 24th November 2024
- £50 due by Friday 26th January 2025
- £50 due by Friday 23rd February 2025
- £50.00 due by Friday 22nd March 2025

Please complete the google form below as soon as possible to let us know if you would like your child to participate in this trip. Deposits can then be paid online via Schoolmoney no later than Friday 20th September.

[Ford Castle Response Form](#)  [this needs updating with the new form from the folder.](#)

Please follow these links for more information from PGL: [PGL Parent Guide](#) and [Ford Castle](#)

If you have any questions please do not hesitate to contact us.

Yours faithfully