## Swansfield Park Primary School Winter Menu 2023 **WEEK TWO**

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	Sausage in a bun with beans, smiley faces and crudités	Sweet and sour chicken with rice and green beans	Roast chicken with stuffing, roast potatoes and farmhouse mixed veg.	Minced beef, yorkshire pudding, with mashed potatoes and carrots	Fish and chips with peas
Vegetarian	Vegetarian sausage in a bun with beans and crudités	Vegetarian sweet and sour with rice and green beans	Quorn fillet, stuffing, roast potatoes and farmhouse mixed veg.	Quorn mince yorkshire pudding, with mashed potatoes and carrots	Vegetable quiche with chips and crudités
Extra Choice	Homemade tomato soup with cheese savoury sandwich	Macaroni cheese with garlic bread	Chicken and sweetcorn pasta	Tomato and mascarpone pasta bake	Pasta Bolognese
Dessert	Rice pudding	Oaty biscuit	Chocolate brownie	Ice cream sponge roll	Pudding of the week













Soya









Crustaceans



Molluscs



Milk



Lupin

■ All our food is freshly cooked on site.
■ We use local suppliers for meat, fruit and vegetables. Yoghurt and fruit are available daily for dessert. • Menu subject to change at short notice depending on stock availability. • Bread will be available daily.



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